Antenatal information provided by midwives

Information for patients
A WARM WELCOME...

Information on labour and delivery, including guided tour

This information session will provide answers to the following questions:

✗ What is the best way to manage discomfort and pain?
✗ When should I come to the hospital?
✗ How does the reception procedure work in the delivery suite?
✗ What can I, the father or partner, do during labour and delivery?
✗ What are the main things to focus on during labour and delivery, and the first few moments with our new baby?

You will be given a guided tour of the delivery suite and maternity wing, with plenty of opportunities for questions.

Practical information

Registration

Because groups are limited to just 10 couples, preliminary registration is mandatory.
You can register by calling 016 34 47 50 (gynaecology and obstetrics consultation) or sending an e-mail to raadpleging.gynaecologie@uzleuven.be.
Reporting
On the day in question report with your identity card at the automatic registration unit in the UZ Leuven Gasthuisberg campus reception hall.

Location
The tour starts in the Renaer auditorium of the gynaecology and obstetrics department.
Follow the orange arrow. Take the stairs or lift behind the coffee shop in the reception hall to go to the -l floor, and follow the signs.

Duration
The information session takes approximately 2 hours.

Cost
Your personal contribution to the tour will be € 8, following reimbursement of your health insurance fund.
This amount will be included in your invoice.
CONSCIOUS CHOICE ...

Information on breastfeeding

The following questions and topics will be covered during the information session:

- How do you make the right choice?
- How does breastfeeding work?
- Task and role of father or partner with respect to breastfeeding.
- Starting and maintaining milk production.
- The first few, sometimes difficult, days…
- Prevention and treatment of cracked nipples, hyperlactation and other problems.
- What should you do if your baby finds it difficult to feed or in the event of growth spurts?
- Organisation at home: support, setting priorities…
Practical information

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