

Evening quiet time

For safety reasons and to ensure that the unit can run smoothly, you are asked to be on the ward by 21.30 every evening, not to leave the ward at night and to maintain a quiet atmosphere during the evenings. The entrance doors of the hospital are closed between 23.00 and 06.00.

Weekends

Only your doctor can give you permission to leave the campus at the weekend. We expect you to be back on the ward at the agreed time.

Leaving the hospital

If you have an important reason to leave the hospital, you must always discuss it with your doctor first. A suitable arrangement can then be agreed. You must inform the nurse when you leave. You should be back in your room no later than the agreed time.

If you leave the hospital without the doctor's permission, you do so at your own risk. This will be recorded in writing by completing a form.

CONTACT DETAILS

E 231 septische orthopedie
 UZ Leuven campus Pellenberg
 Weligerveld 1
 3212 Pellenberg

Tel. duty nurse:	016 33 83 10
Tel. senior nurse:	016 33 87 07
Tel. orthopaedics secretaries:	016 33 88 27
Fax orthopaedics secretaries:	016 33 88 24
Tel. Pellenberg outpatients:	016 33 81 60 - 016 33 80 21
Tel. Gasthuisberg outpatients:	016 33 84 50
Pellenberg plaster room:	016 33 81 84
Pellenberg social work secretaries:	016 33 83 50
Orthopaedics workshop - VIGO - Pellenberg:	016 33 88 50
Tel. main switchboard UZ Leuven:	016 33 22 11



The undersigned
 acknowledges that he/she has received the welcome brochure.
 The internal regulations are set out in the brochure.
 I hereby confirm that I agree to abide by these guidelines.

Name of patient

Date

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Welcome brochure E 231 Septic orthopaedic surgery

Information for patients





When you arrive in your room you will be given a telephone code, the telephone number for the room and information on how to use our OctopUZ system.

You will then have an admission interview. Please inform us about anything that may be important during or after your admission: medication, allergies, medical problems, care at home etc.

The nurse will carry out or coordinate the necessary (preoperative) tests. These tests may be different depending on the reason for your admission.

Make sure you bring sufficient toiletries and daytime clothing from home.

If you are on a special diet, this will be noted and you may be visited by the dietician.

If you are not on a special diet, you will be able to choose between a number of menus every day. The support worker will explain this to you. You can contact him/her with all your questions about meals.

The support worker is also responsible for your transport when having various tests. These are carried out not only at the Pellenberg campus, but also at the Gasthuisberg campus in Leuven. Transport to that site is provided using the central shuttle service.

You can also obtain newspapers and magazines from the support worker. You will have to pay for these immediately.

You may be admitted to an isolation room if your medical condition requires it. If this happens you can discuss the special procedures with the head nurse or doctor.

YOUR STAY

- ✗ The doctor will come on a ward round every day. You can take this opportunity to express your questions and concerns. This is also a good time to request and/or obtain certificates etc.
- ✗ The doctor regularly holds a full ward round, during which he will look at your wound. It is in your own interests to be in your room at this time.
- ✗ Personal care and wound care will be provided outside visiting times wherever possible. If this care does need to be provided during those times, however, visitors should leave your room.
- ✗ Throughout your stay, a blood sample will be taken every Thursday morning. Only the doctor is able to inform you of the results.
- ✗ Meals are served at the table, unless you are really unable or not allowed to get out of bed. As far as possible you are also expected to wear loose-fitting clothing rather than night wear during the day.
- ✗ Since you are in a University hospital, your nurse will regularly be accompanied by a student nurse. We ask for your understanding in this matter. Training is an important part of the work of our hospital.
- ✗ Mutual respect between patient/family and health care staff is very important to us.

INTERNAL REGULATIONS UZ LEUVEN PELLENBERG CAMPUS

Visiting times

Visiting times are every day from 14.00 to 20.00. Exceptions to visiting times can be discussed with the ward manager. The number of visitors should be limited. Visitors should leave the room without being asked when care is being provided.

Smoking

Smoking is not permitted in the hospital. Smoking is only permitted in the shelter outside, near the hospital entrance.

Alcohol

Drinking alcohol can have a negative impact on the healing process. In combination with the medication that is prescribed for you, this can cause problems. Drinking alcohol is not allowed in patient rooms under any circumstances.

Drugs

Using or dealing drugs, including cannabis, is not permitted within the hospital and its grounds. The police will be informed of any unlawful behaviour.

TV and music

Watching TV and listening to music is allowed, but you must not disturb the other patients. You are therefore asked to turn off the TV and/or use headphones after about 23.00.

Treatments

Make sure you are in the room for the doctor's ward round, nursing care and other types of treatment. Visitors should not be present when care is being provided and must not enter treatment areas.

INTRODUCTION

Welcome to Ward 231.

This brochure contains more information about your stay in hospital and the practical arrangements on the ward, regardless of the reason for your stay or its duration.

If you have any further questions after reading it, please do not hesitate to ask the nurses or your doctor.

At the back you will also find a 'read and agreed' form.

We will ask you to sign and date this form if applicable.

We wish you a rapid and complete recovery.

The Ward 231 staff

ADMISSION

You have been admitted to the 231 ward under the care of Dr. Jose Stuyck or one of the other Orthopaedics and Trauma consultants.