Guidelines concerning your chemotherapy treatment

Your physician and nurse have informed you about your treatment with chemotherapy.

You can find more English information in our brochure ‘Guidelines concerning your chemotherapy treatment’. You can consult the brochure online on the UZ Leuven website: www.uzleuven.be/en/brochure/700916

With this brochure we wish to provide support and give recommendations for when you experience side effects as a result of your treatment. The brochure collects numerous tips of professional care providers and of fellow patients. You’ll also read about warning signals or side effects for which you need to contact your GP or physician that same day.

Side effects depend on the specific treatment. You can find the potential side effects for your therapy here:

- Low white blood cell count
- Low red blood cell count
- Low platelet count
- Nausea and vomiting
- Changes in taste and smell
- Oral mucositis (e.g. mouth ulcers)
- Unusual tiredness
- Impact on sexuality and intimacy
- Feelings of fear, anger and sadness
- Diarrhoea
- Constipation
- Hairloss
- Skin changes
- Hand-foot syndrome
- Nail changes
- Eye problems
- Tinnitus and impaired hearing
- Flu-like symptoms
- Tingling or numbness